

Renaissance Garden Plants

- From the "Pottage/Kitchen/Summer Garden" and some from the "Flower Garden" mixed in-

***= indicate most desired plants.** There are most likely more listings than we could ever plant in the garden area provided. My suggestion is to see what we can find for plants and seeds and then choose a few from each category. **I think it would work well for historical purposes if we chose some plants that people today recognize, but focus more on the less-known plants we don't recognize as well today, if we can get them.** I have checked many of these lesser known names on-line and see images and information about most of them. They seem readily available, still alive and well which is hopefully good news for plant ordering. **Perennials** would of course be better and may rule out some other plants on the list, but some annuals are good too. After plants have been ordered and we know what is possible, we can make a final plant list for the garden design. Many of the plants listed here are multi-purpose and were used for food and medicine, as well as household and skincare plants. A common or unusual name may have been more multi-purpose than we think at first glance.

-These lists have been compiled mostly from: "The Medieval Gardener" Sylvia Landsberg, "Mediaeval Gardens" John Harvey, "The Country House-Wife's Garden" William Lawson.

-I am figuring that the garden will not have raised beds, but will have a largest plant to smallest plant structure, from the outside in, with separating narrow footpaths to maximize space. The "border plants" will help to keep out animals. We may have to weave some fencing if critters become a problem, or if someone wants to do this in general it would be a nice and practical addition.

Border/Outer wall plants:

- Rose* (4 Varieties found one or two smaller varieties might be good as a border, but thinking about over shading in garden. Maybe by the side of house if not directly around garden: *Rosa alba, Rosa rubra, Rosa prouincialis sive damasceria, Rosa prouincialis minor*) – and *Rosa gallacia & Rosa mundi*.
- Fennel*
- Violets

- Burrage/Borage*
- Bugloss*
- Rosemary*
- Bee-Flowers*
- Isop
- Sage*
- Tyme*
- Cowslip*
- Piony*
- Daisy
- Clove-Gilli-Flowers* (makes a nice cordial liquor)
- Pinks
- Southernwood
- Lilies (white and red)
- Hops* (perhaps on a trestle/archway, near garden)

Herbs of larger growth:

- Angelica*
- Tansie*
- Hollihock*
- Lovage*
- Elicampane*
- French Mallows*
- French Poppy*
- Endive*
- Succory*(edible leaves, salad)

Middle Growth Herbs:

- Parsley**
- Sweet Sicily*
- Flower-Deluce*
- Wall-flower or bachelors buttons
- Anis*

- Coriander*
- Fether-few* (feverfew), almost the same as chamomile
- Marigolds *(would be good bug deterrents)
- Alexanders*
- Cordus Benedictus* (Blessed Thistle)
- Common Speedwell*
- Red Nettle*
- Comfrey*
- Wormwood
- Mugwort

Smaller Growth Herbs/Vegetables:

- Heart Ease*
- Pansie
- Primrose*
- Daisies
- Basil
- Dill*
- Wood Sorrel
- Heartstongue
- Horehound*
- Ramsoms Rocket
- Hyssop*
- Silverweed*
- Vervain*
- Mandrake*
- Yarrow**
- Orpine
- Polypody
- Pimpernel
- Plantains
- Coast-Marjoram
- Savory*
- Strawberry*(wild preferred, listed)
- Saffron*

- Onions-White*
- Licoras* (licorice)
- Leeks*
- Chives*
- Chibbals
- Skerots/Parsnip
- Kale(five undefined species mentioned)/Coleworts*
- Radish*
- Peas*
- Chamomile*(“Chamomile Lawns”, will be put in pathways and sprinkled around)*
- Small Cabbage*
- Carrot- three kinds listed including yellow, one would be enough*
- Turnip*
- Lettuce-curly leaf head*
- Safflower*
- Black Cumin
- Rampinion (wild)
- Red beet
- Horseradish*
- Mints*/Calamint (many varieties, maybe one because they take over, but NOT Peppermint)
- Dandelion
- Spinach
- Hedge Garlic (fall)*
- Asparagus (side plot, near garden)
- Pumpkin
- Squirting Cucumber

Beans, Grains and Legumes (Important protein sources, I have no idea how difficult or easy it is to grow these types of beans):

- Chickpea*
- Garbanzo*
- Fava bean/Broad bean*
- French/Kidney bean*
- Lentils*

- Cultivated Flax (his would be nice if not too huge)
- Dinkel Wheat/Spelt

Fruits/Nuts:

- Common Fig
- Mulberries
- Manured Grapes (maybe on side of garage)
- Hazelnut
- Walnut
- Chestnut
- Peach
- Plum
- Almond
- Gooseberry
- Cherry-Sweet and Sour
- Apple Varieties